

# Michael C. Flowers

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## Objective

Utilize clinical and management experience to impact and enhance quality care for special populations. Collaborate and improve relationships with key stakeholders and consumers highlighting the company's team of professionals who are seeking to serve.

## License and Certifications

Licensed Professional Counselor w/Specialization as LAC Supervisor and Tech Assisted in Clinical Services in Arkansas License #P1208080

Eye Movement Desensitization Reprocessing (EMDR) Trained

November 2020

Certified Trainer Youth Mental Health First Aid

August 2019

Multi Systemic Therapy Therapist and Certified Supervisor

2010 – 2014

## Education

**Doctorate of Philosophy in Marriage and Family Therapy**, University of Louisiana at Monroe, Monroe, LA December 2012

**Master of Arts in Marriage and Family Therapy**, University of Louisiana at Monroe, Monroe, LA

May 2005

**Bachelor of Science in Education in English**, Arkansas State University, Jonesboro, AR

May 1999

## Experience

### ***Chenal Family Therapy***

**Fayetteville, AR**

Director of School Based Services/Fayetteville Clinical Director

September 2020 to present

- Conduct clinical care for clients
- Provide and maintain relationships with key stakeholders such as school districts, state level departments, and other key referral sources.
- Open new company office in Fayetteville
- Develop program guidelines for school-based programs
- Manage clinical team in Fayetteville by training, develop, and consultation

### ***Youth Bridge/Burrell Behavioral Health***

**Fayetteville, AR**

Director of Clinical Outreach and Education (formally Director of Clinical Services)

March 2012 to August 2020

- Managed clinical care services for clinical staff in five outpatient clinics and behavioral health programs in residential facilities.
- Maintained knowledge of Council on Accreditation, Medicaid, private insurances, and other regulatory and billing entities.
- Developed and maintained all behavioral health residential and outpatient service programs with clinical staff including mental health professionals, qualified behavioral health professionals, and substance abuse counseling providers.
- Ensured all performance and contract standards were in compliance with reimbursement sources and any other grants and contracts.
- Trained and supervised development programs of all clinical staff in accordance with Youth Bridge policies and procedures, DYS contracts, Medicaid standards, and Council of Accreditation.
- Provided and maintained relationships with key stakeholders such as school districts, state level departments, juvenile justice programs, and other key referral sources.
- Met with direct service staff to consult regarding service plans, service to clients, distributing of caseload to clinical staff.
- Assessed community and key stakeholder training needs as well as consultations for behavioral health needs.
- Serving on Natural Wonders Partnership Council which is a multi-faceted, state-wide task force in partnership with Arkansas Children's Hospital to improve quality of care for children.
- Board Member in NWA Continuum of Care with multiple children service related providers to end children homelessness.

### ***Louisiana Methodist Children's Home***

**Monroe, LA**

Family Plus Out Patient Therapist/Multi Systemic Therapy Program Supervisor

January 2010 to March 2012

- Managed team of Master's level counselors utilizing Multi Systemic Therapy program, a community-based model of service delivery.

### ***Positive Forces Counseling Network, Inc.***

**Monroe, LA**

Licensed Professional Counselor

July 2008 to December 2009

- Led Child and Adolescent Response Team (CART) providing seven day crisis intervention for children and families referred by Monroe Mental Health Department.
- Managed case managers and mentors to provide full range of assistance to children and their families.

- Assessed, developed, and implemented continued treatment plan for children and families based on seven days intervention.

***Arkansas Counseling Associates***

Licensed Professional Counselor

**Benton, AR**

May 2005 to June 2008

- Completed intakes, diagnosed and assessed clients' needs for everyday situations and crisis events.
- Initiated treatment planning and generated weekly progress reports.
- Conducted individual and family therapeutic sessions with assigned clients in homes, schools, and other community based locations.

***University of Louisiana at Monroe, Marriage and Family Therapy Clinic***

Assistant Director of Clinical Services

**Monroe, LA**

January 2002 to July 2005

- Supervised daily operations associated with the ULM MFT Clinic which serves as the primary training facility for the ULM MFT Program. Responsibilities were to oversee master's and doctoral interns' clinical activities.

***Sipe's Orchard Home, Residential Treatment Facility for Adolescents***

Residential Counselor

**Conover, NC**

September 2001 to May 2003

- Worked in conjunction with social workers, psychiatrists, case managers, clinical psychologists, probation officers, licensed professional counselors, and families.
- Worked with clients in a Level Three mental health treatment program.
- Utilized and developed interventions and therapeutic crisis interventions.

***Jonesboro High School***

High School English Teacher

**Jonesboro, AR**

August 1999 to May 2001

- Developed and implemented units and daily lesson plans that included grammar, literature, and essay writing for 10<sup>th</sup> and 11<sup>th</sup> grades.

REFERENCES AVAILABLE UPON REQUEST

## Presentation and Trainings

- July 2015 ***Behavioral Health Problems for Children in School-Based Settings***  
Arkansas Conference for Career Development and Counseling
- October 2015 ***Bully Buster Program***  
6<sup>th</sup> and 7<sup>th</sup> Grade Sonora Middle School – Springdale School District
- October 2016 ***Bully Prevention and Awareness***  
Sonora Elementary PTO - Springdale School District
- October 2016 ***Benefits of School-Based Health Clinics***  
School-Based Alliance of Arkansas Conference
- February 2017 ***Substance Abuse Awareness and Prevention***  
Sonora Elementary PTO – Springdale School District
- February 2017 ***Parenting Children with ADHD***  
Bonnie Grimes Elementary – Rogers School District
- March 2017 ***Parenting Training for Hyperactive and Impulsive Children***  
NWA Mothers of Multiples
- April 2017 ***Managing the Noise Around Us: Helping Students Manage Stress and Anxiety***  
Kingston School District Consumer Science Classes, 9<sup>th</sup> – 12<sup>th</sup> grade
- May 2017 ***Dangers of the Internet and Video Games for Children***  
Sonora Elementary PTO – Springdale School District
- May 2017 ***Suicide Prevention and Response to Children in Need***  
JO Kelly Middle School staff – Springdale School District
- June 2017 ***Suicide Prevention and Response to High Risk Children***  
Arkansas Conference for Career Development and Counseling
- June 2017 ***Changes to Arkansas Behavioral Health: Impact to Children and Adolescents***  
Arkansas Healthy Child Summit
- July 2017 ***Youth Bridge Role for our Community's High Risk Children and Families***  
Fayetteville Kiwanis Club
- August 2017 ***Mandated Reporting***  
Jasper School District
- August 2017 ***Bullying Prevention and Awareness***  
***Children's Behavioral Health Issues in a School Setting***  
Walker Elementary – Springdale School District
- August 2017 ***Bullying Prevention and Awareness***  
***Children's Behavioral Health Issues in a School Setting***  
***Dangers of the Internet and Video Games for Children***  
Hunt Elementary – Springdale School District
- August 2017 ***An Educator's Response to Student Suicide***  
Archer Alternative Learning Environment – Springdale School District

- Sept. 2017 ***Children's Behavioral Health Issues in a School Setting  
Dangers of the Internet and Video Games for Children  
Substance Abuse Awareness and Prevention***  
Fayetteville School District Training
- April 2018 ***Trauma-Care and Intervention of Children's Sexual Exploitation and Sex Trafficking***  
Springdale Rotary
- Jan./Feb. 2019 ***Trauma-Care and Intervention of Children's Sexual Exploitation and Sex Trafficking***  
Commercial Sexual Exploitation of Children Symposium in Mt. Home
- Feb. 2019 ***The Benefits of Collaboration with Schools and School Base Behavioral Health Services***  
Conference for Arkansas School Based Health Alliance in Little Rock
- August 2019 ***Youth Mental Health First Aid***  
Ozark Opportunities, Harrison, Arkansas
- Jan. 2020 ***Managing Trauma Related Behaviors in the Classroom; Suicide Prevention and Intervention***  
Bonnie Grimes Elementary School and Tucker Elementary Rogers School District
- August 2020 ***Managing Trauma Related Behaviors in the Classroom; Suicide Prevention and Intervention***  
Cotter School District
- August 2020 ***Managing Trauma Related Behaviors in the Classroom; Suicide Prevention and Intervention***  
Social Workers for Fayetteville School District
- Sept. 2020 ***Fun and Laughter in Serious Times***  
School Counselors for Rogers School District
- April 2021 ***Bullying and Sexual Harassment Prevention and Intervention for Junior High Students***  
Junior High Students and Educators for Pea Ridge School District
- May 2021 ***Suicidology 101***  
Educators, Students, and Parents for Ft. Smith School District
- May 2021 ***Bullying Prevention and Intervention***  
Educators, Students, and Parents for Ft. Smith School District
- May 2021 ***Trauma, Violence, and ACEs: Promoting Resilience in Our Children***  
Educators, Students, and Parents for Ft. Smith School District
- June 2021 ***Combatting Chronic Suicidal Ideations: CBT & Narrative Therapy***  
Psychologist and Master's Level Mental Health Professionals for Seed Digging, PLLC